

# Make your own shield

Ever since people have gone to war and fought in battles, people have used weapons to attack and defend themselves. Shields have been used for centuries to provide protection against weapons like arrows, swords and spears. Sometimes the shapes have changed but mostly they have been made out of wood and decorated with special designs.

## *Have a go at making your own shield at home*

You can choose one of these types of shields:

- Viking Warrior
- Roman Soldier
- Norman Knight soldier
- Medieval Knight
- Tudor Soldier
- Superhero
- Personal Coat of Arms

## *What you need:*

- 2 sheets of thick cardboard
- Scissors
- Sellotape or Double sided tape
- Masking tape
- Paints or
- Crayons or
- Felt pens

## *What you need to do:*

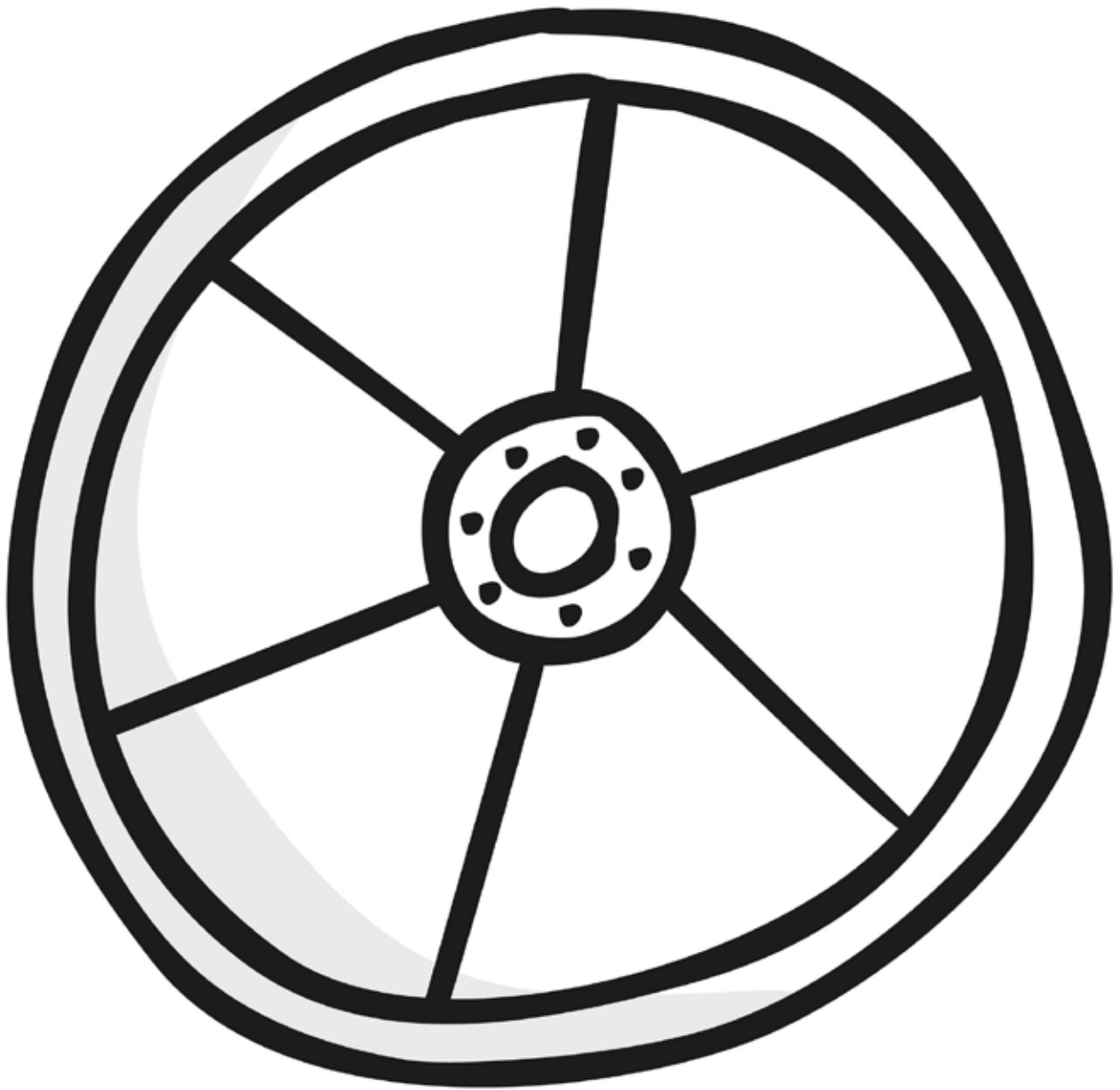
- Decide on the shape of the shield you are going to do or print out one of our templates
- Draw it onto the piece of cardboard or tape it onto the cardboard
- Cut out the shape
- Decide on your design for your shield
- Then colour in or paint your shield
- Once it is dry, then you need to make the handle
- Take a strip of cardboard about 20cm x 7cm, and tape one end to the back of the shield
- Bend it so it makes a loop which you can put your arm through, then tape the other end down. You can wrap more tape around the handle to make it stronger

*Your shield is now finished!*

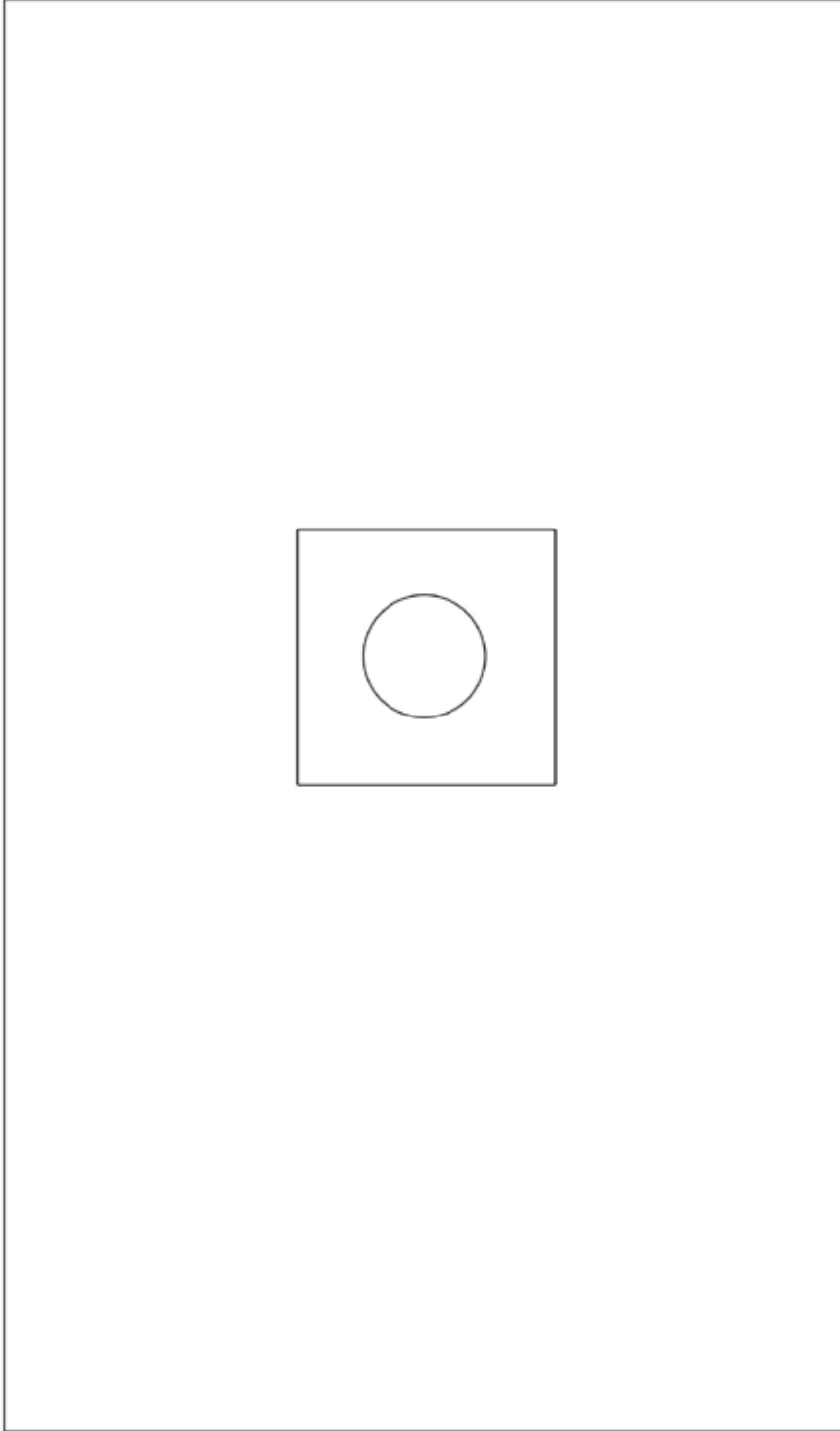


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*Decorate the shield with  
Viking runes*



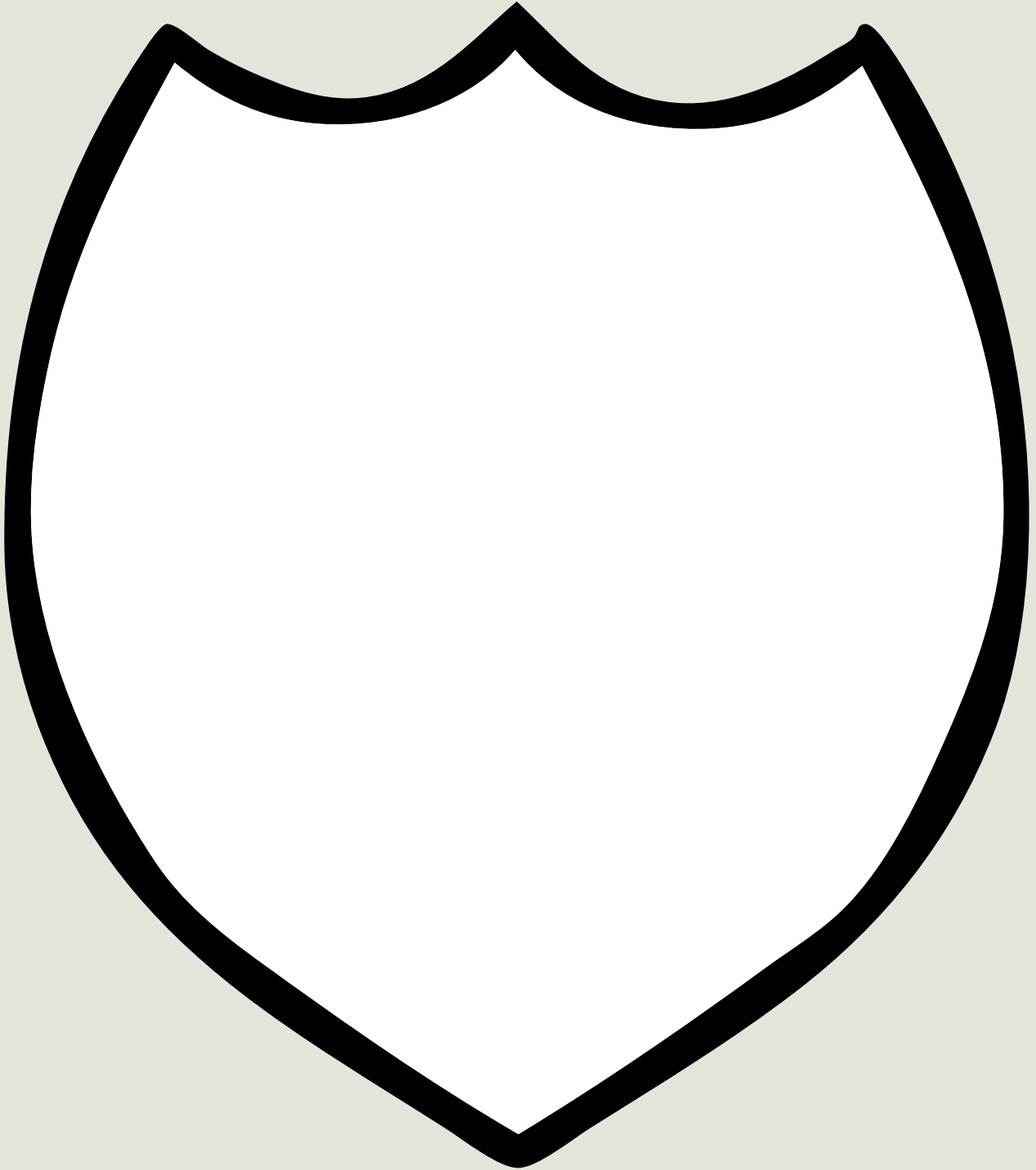
## Design a Roman Shield





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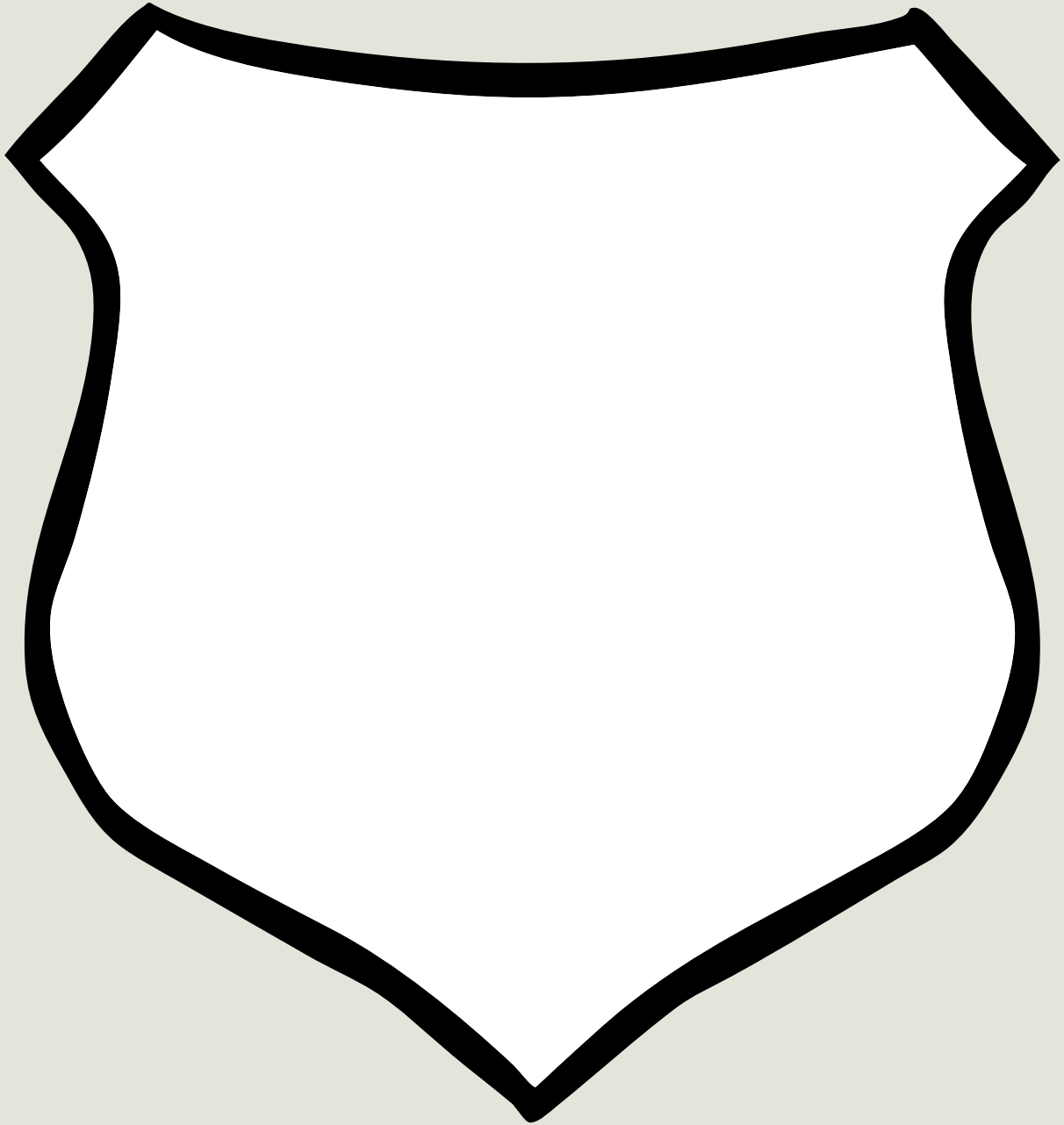
# Design a Medieval Knight Shield





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# Design a Tudor Shield





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# My Personal Coat of Arms

